

# Sizing guide for disposable hoist slings

## Pro-loop disposable hoist slings

The following information is intended as guide only and is an approximation.

Other factors such as physical disabilities, weight distribution and the patient's shape should also be part of the assessment.

All patient moving and handling tasks should be carried out in accordance with approved patient handling techniques and after a full assessment of the patient, the task and the environment in which the operation is to take place.

Sizing Guide - Use a soft tape measure to record these two measurements:

1. Top of head to sacrum.



2. Distance across the shoulders



Apply the two recorded measurements to the sizes and measurements shown below.

### Sling Size

	Extra Small	Small	Medium	Large	Extra Large
<b>Weight Range*</b>	16-45 kg	34-68 kg	57-91 kg	80-136 kg	125-200kg
<b>Measurement:</b>					
<b>Top of head to sacrum</b>	68-87cm	74-92cm	80-104cm	91-110cm	96-116cm
<b>Shoulder width</b>	31-39cm	34-43cm	40-51cm	47-60cm	55-65cm

\*Weights shown here are for sizing purposes and are not the safe working load (SWL) of the sling which is the same for all listed sizes.

SWL of our disposable slings = 230kg

As part of the assessment we would recommend that once a sling size and type has been selected, to then try it with the patient using at least one extra member of staff to monitor and assist, raising the patient no more than an inch or two to ascertain safety, comfort and suitability.

For amputees; with regard to the weight range of a given sling the weight of the patient would need to be extrapolated according to the nature of the amputation.